



MK Multiple Sclerosis Therapy Group Ltd

MS Therapy Centre
4 Hollin Lane
Stacey Bushes
Milton Keynes
MK12 6HT
☎ 01908 225907

e.mail: mkmstherapygroup@btconnect.com
www.mkmstherapygroup.btck.co.uk

NEWSLETTER February 2019

Welcome to our latest newsletter. I hope 2019 is treating you well so far. We have a few things to tell you about in this newsletter and a couple of favours to ask, so read on to find out.

Subscriptions

If you have already paid your annual subscription for 2019, thank you and I'm sorry to bother you! If you haven't, this is a reminder that **subscriptions for this year are now due**. You can pay in cash by putting the cash in an envelope and writing your membership number and "Subs 2019" on the outside, or by cheque payable to **MK Multiple Sclerosis Therapy Group Ltd**. (there is a stamp at the centre if you can't fit all this on your cheque), or by bank transfer (please write "Subs 2019" on the payment details). Please ask if you need any help. Thank you.



January Coffee Morning



Thank you everyone who came to our coffee morning in January. It was a tremendous success with much appreciated support from Tesco, Greggs and the Foodbank near the centre, who all supplied delicious cakes. Special thanks must go to our wonderful new office manager Sharn for organising everything so well and we mustn't forget the sterling efforts of our volunteers who cooked lovely cakes and scones and helped to welcome all our guests. It was a lovely event and raised £314 for our funds. Well done everyone!

Open Day

Our annual open day will be on **Friday 17th May 2019**. We will be holding a raffle and tickets will be available from the end of March. We hope the open day will be as successful as last year's and look forward to seeing you there.



Operator update



You may have noticed recently that we have some new volunteers operating the oxygen chamber. We are very grateful to all our operators, new and old, and hope to continue to keep our numbers healthy for the running of the centre.

Magazine Rack

Two of our volunteers have been working to update our magazine rack, as some of the publications on it are very out of date. Updated MS Trust and MS Society publications will be put in there for you to have a look at. We ask you not to take anything away but there will be details of how you can order any publication you are interested in.

Rubbish

No, this is not a comment on our centre! It is a request to our members to take away a bin bag of rubbish occasionally to help with disposal. We do not get council refuse collections so are reliant on a small number of volunteers who take away a bag from time to time. Thank you in advance for your help.



On the subject of rubbish, please remember that the paper towels we use for drying masks are **not** recyclable so must **not** be put in the pink recycling sacks.

Donations

We would like to thank one of our long-term member, John Napleton, for his regular donations over the years. He always pays more than he needs for his weekly therapies and during the course of a year will pay in excess of £500 extra as donations. Thank you John for all your generous support.



Grateful thanks also to the Barrel Bikers Motorcycle Club, a local charity whose members donated the money they would normally have spent on Christmas cards. We were very pleased to receive a cheque for £100.

AGM 2018

Well, it happened at the second attempt and we had our AGM on January 14th. We re-elected all the previous committee, except one member who stepped down in November, and added three new committee members. So thank you to all the committee for continuing to support the centre so well.

Cancellations

This is another plea to everyone to let us know if for any reason you are unable to attend an appointment. Obviously as much notice as possible is appreciated, so we can try to fill the appointment, but even if you don't know until the day itself, we would rather you let us know than leave us waiting for you to turn up. Thank you.

BT MyDonate

BT have announced on the MyDonate web site that the service is closing in June 2019. This means that those members who have been paying us through MyDonate will have to find an alternative method. You can pay by bank transfer if you want to continue to pay through internet banking. Ask if you're not sure.

Snow and Ice

It's not quite time to remove this notice yet, even though spring is in the air! So we would like to remind you that in the event of bad weather, the centre will be closed. We must consider the welfare of the volunteers who run the centre and the safety of all our members. We advise you to call the centre, if there is snow or ice, to ensure that we are open. If there is no reply in opening hours **WE ARE CLOSED!**



Centre Opening Times		HBOT
Mon	9.30 a.m. - 2.00 p.m.	9.30, 10.30, 11.30
Tues	10.00 a.m. - 12 noon	10.00, 11.00
Wed	10.00 a.m. - 12.30 p.m. 5.00 p.m. - 8.00 p.m.	10.30, 11.30 5 p.m., 6 p.m.
Thurs	10.00 a.m. - 12 noon	10.00, 11.00
Fri	10.00 a.m. - 2.00 p.m.	10.30, 11.30