

FUNDRAISING NEWSLETTER

This newsletter is devoted to asking you for your help in raising funds for your centre. Running costs continue to increase and if we want to avoid putting up prices for all the therapies you love, we need to find ways of getting more money coming in. In this newsletter, we will be asking for help with existing projects and new ideas.

Open Day

I'll start by telling you about a success: our annual Open Day on 17th May. Lots of people came



to find out about us, wish us well, buy our cakes and raffle tickets, and generally socialise and enjoy chatting to each other. Milton Keynes mayor, Sam Crooks, came and chatted at length to our members. Milton Keynes MP, Mark Lancaster also came to lend his support and filmed a short video inside the oxygen chamber for his Facebook page. We are very grateful to Karen Lindsay and her colleague from Tesco, who came once again with cakes and helped us serve teas and coffees. In total we made over **£650**, which was a tremendous boost to our funds. Thanks to all who took part and especially to our dedicated volunteers and Sharn our office manager.

Business Sponsorship

Does your business or employer sponsor any charities? We would be extremely grateful if you could nominate us for any charity links with your workplace.

Miscellaneous Items

We are often given small items that we make available to any member who wants them, although we do ask for a voluntary donation. Currently we have a board for putting across the bath so you can sit on it for a shower. We also still have a few jigsaw puzzles that cost £1.50.

Collections

It's some time since we collected outside a supermarket, but in the past we have collected a reasonable amount of money in this way. To do this we need people to offer an hour or two of their time to assist with the collecting. It always seems to be the same handful of people who are prepared to help out with collections so it would be really nice to see some new faces getting involved. We don't have any dates yet, but we will tell you when we do and please let us know if you would be prepared to help.



Wish List

Please look at our wish list at the end of this newsletter. If you can help with any of the items on the list, either in the form of a donation or practical help, please talk to Sharn who will be able to advise on how you can help.

Donations



We don't want to bore you by only asking for your money! So here is news of recent donations that we have received. Thank you to all our generous donors: Mike, who donated £300 from the proceeds his model-making; Robert Stanley, a long-term supporter of ours, who donated £100 when he came to the open day; Matt from the Barrel Bikers, who will buy three oxygen masks that can be sold on to our members or used at the centre.

Quiz Night

This has become a regular favourite for a good evening's entertainment at the same time as earning funds for the centre. Through our member, John Napleton, we are invited to run and benefit from a quiz and fish and chips night at Simpson village hall. This year it will be on Saturday 12th October, £12 per person, which includes fish and chips (vegetarian options are available). All proceeds go to the MKMS Therapy Centre. This is a popular event in the local village and places for us are limited, so please put your name down on the list at the desk if you are interested in coming along.



Advertising

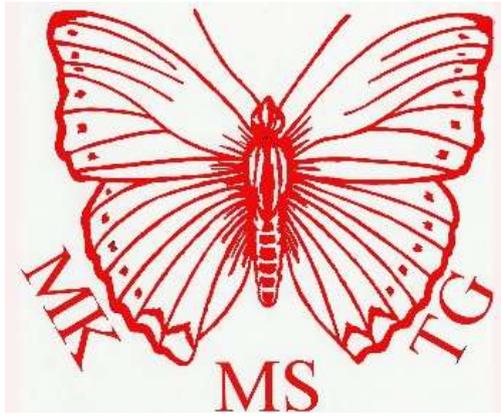
We are thinking about trying to sell a few adverts on a page at the end of our newsletters to bring in some funds, but we are conscious that many people don't like to see advertisements on publications they read. We would be interested in your views, so please let us know what you think.

EasyFundraising

This really is a free way of making money for us if you buy things online. It doesn't cost you a penny! Here's how it works. Go to www.easyfundraising.org.uk and select Support a Cause. In the search box type *Milton Keynes MS Therapy Group* and you will see details of our centre. Follow on-screen steps to complete the process. Or go to mkmstherapygroup.btck.co.uk/EasyFundraising to be taken directly to our page. Thereafter you will be able to opt to activate Easyfundraising for all your online purchases. Each company donation is small, but it all adds up!

Please continue reading to see our Wish List on the next page!

Centre Opening Times		HBOT
Mon	9.30 a.m. - 2.00 p.m.	9.30, 10.30, 11.30
Tues	10.00 a.m. - 12 noon	10.00, 11.00
Wed	10.00 a.m. - 12.30 p.m. 5.00 p.m. - 8.00 p.m.	10.30, 11.30 5 p.m., 6 p.m.
Thurs	10.00 a.m. - 12 noon	10.00, 11.00
Fri	10.00 a.m. - 2.00 p.m.	10.30, 11.30



WISH LIST ITEMS

The MK MS Therapy Centre is in constant need of funds, in order for us to continue to provide the much needed facilities for our members. Please donate to help us purchase the following items for our members at the Centre:

Renovation of washroom facilities – approx. cost £3500

HBOT therapy mask and neck seals - £150

Red office chairs/meeting chairs – approx. cost £70

Massage therapy couch covers – approx. cost £20

Towels for massage treatments – approx. cost £10

(p.s. If you are interested in donating towards the above items please contact the Centre on 01908 225907 and speak to Sharn).